**The Lions, Lionesses and Vikings - having a lot of fun, despite Covid-19**

As you will be aware, Covid effectively cancelled the second half of last Season and dominated this Season. As a result, a huge amount of work went into ensuring that training could be run safely, with sessions split across 4 start times to comply with player density rules, all equipment being sanitised between sessions, a one-way system at Inverleith and check-in and registration procedures to assist with track and trace.

While this all sounds pretty horrific it was a different story at training, where the boys (and girls) had a tremendous time. Granted, the loss of fixtures against other clubs was a real loss, and we were locked out fully for a couple of months, but with 300 kids at the Lions / Lionesses and 150 at the Vikings the numbers remain strong and the enthusiasm at training is palpable. Being able to blow off some steam, socialise with their friends and enjoy something close to normality has resulted in lots of smiling faces and has justified the additional work and protocols a hundred times over. Plans are in place for next Season when we look forward to something a bit more like normality.